



in  **Control**[®]
Scotland

Welcome

Some comparisons!



FINLAND

POPULATION: 5.5 million
AREA: 130,128 sq m (337,030 sq km)
GDP (per head of population): £35,000
LIFE EXPECTANCY: M 77.9 yrs, F 84 yrs (31st highest in world)
UN HUMAN DEVELOPMENT INDEX: 0.895 (23rd)
CURRENCY: Euro
AVERAGE ANNUAL WAGE: £29,200
AVERAGE PRICE OF A PINT OF LAGER: £5



SCOTLAND

POPULATION: 5.3 million
AREA: 30,414 sq m (78,770 sq km)
GDP (per head of population): £28,600
LIFE EXPECTANCY: M 77.1 yrs, F 81.1 yrs (45th highest in world)
UN HUMAN DEVELOPMENT INDEX: 0.909 (16th in world as part of UK)
CURRENCY: Pound sterling
AVERAGE ANNUAL WAGE: £26,600
AVERAGE PRICE OF A PINT OF LAGER: £3.50

Learning together about self-directed support



An outline of what is planned

- Conference today
 - national perspectives and experience
- Visits tomorrow (and Wednesday)
 - local and organisational perspectives
- Meeting up on Tuesday evening
 - sharing reflections

Plenty of time to discuss and ask questions



What we are about:

- The transformation of social care into a system of self-directed support
- Supporting and promoting a sustainable system of self-directed support that works for people



What we are about:

- We work with and alongside people and organisations to try to make self-directed support work (to support successful implementation)
- We currently receive some funding from Scottish Government including 'core funding' for the Partners in Policymaking programme.

Self-directed support – Practice, Policy and Legislation

When we think about self-directed support there is.....

- the way we do things (**Practice**)
- local and national plans of how we should do things (**Policy**)
- law that describes duties and expectations (**Legislation**)

We'll talk about all of these things

What is the purpose?

People having a good life is the purpose of self-directed support



Independent Living and citizenship

- ‘Independent living means all disabled people having the same **freedom, choice, dignity** and **control** as other citizens at home, at work and in the community. It does not mean living by yourself or fending for yourself. It means rights to practical assistance and support to participate in society and live an ordinary life’
- Citizenship is about everybody having the same rights and responsibilities

Strategy and legislation

- **National Strategy for Self Directed Support 2010 -2020**

Vision to create a change in the delivery of support which respects equal citizenship, rights and responsibilities

- **Social Care (Self-directed Support) (Scotland) Act 2013**

To direct care and support and make informed choices about how the support is provided



with principles in law

- Collaboration
- Dignity
- Informed Choice
- Involvement
- Participation



- The rules for what you should expect

and Carers' Legislation...

- **Carers (Scotland) Act 2016**

Will take effect from April 2018.

Some key provisions:

- Duty to provide support to carers and a carers support plan
- If eligible for funded support, to offer carers opportunity to choose from the self-directed support options



If you are eligible for funded support there are four options:

 People will be offered 4 choices on how they can receive their social care



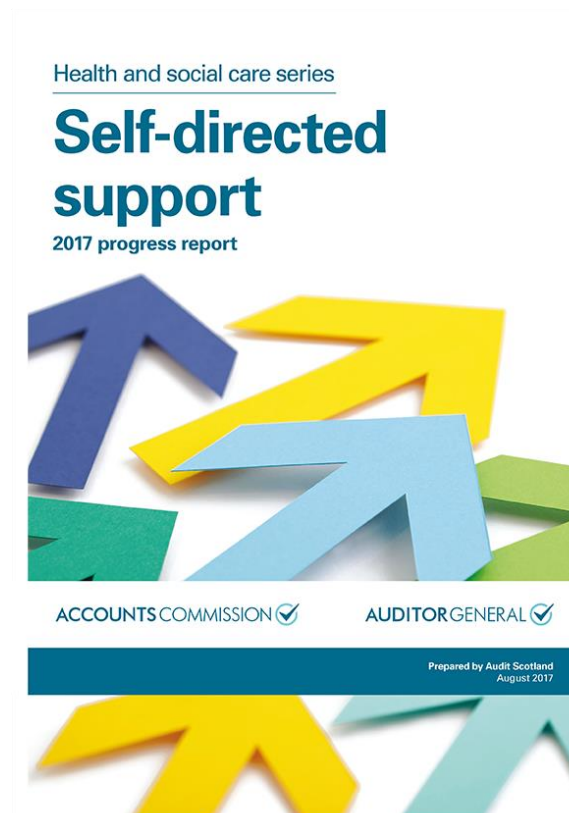
Directing the best way to use your budget

How is it really going?

Recent Audit Scotland report:

Many examples of positive progress in implementing self-directed support BUT no evidence of the transformation required

examples of people supported in new and effective ways BUT not everyone is getting the choice, control and flexibility envisaged in the strategy



What works for people ?

- Good conversations and an opportunity to really think about and plan what would work best for everyone and what you are trying to do
- Not having to fit in to what's there but able to plan support that fits you (and your family)
- A chance to build on and enhance what you already have in your family, community, interests

What works for organisations ?

- Leadership at all levels
- Building a culture of real trust and partnership
- Consistent enabling messages
- Keeping things as simple as possible
- Positive approaches to taking risks and an open style to learn from what works and what doesn't
- Believing in people!

Key features of personalised systems that work

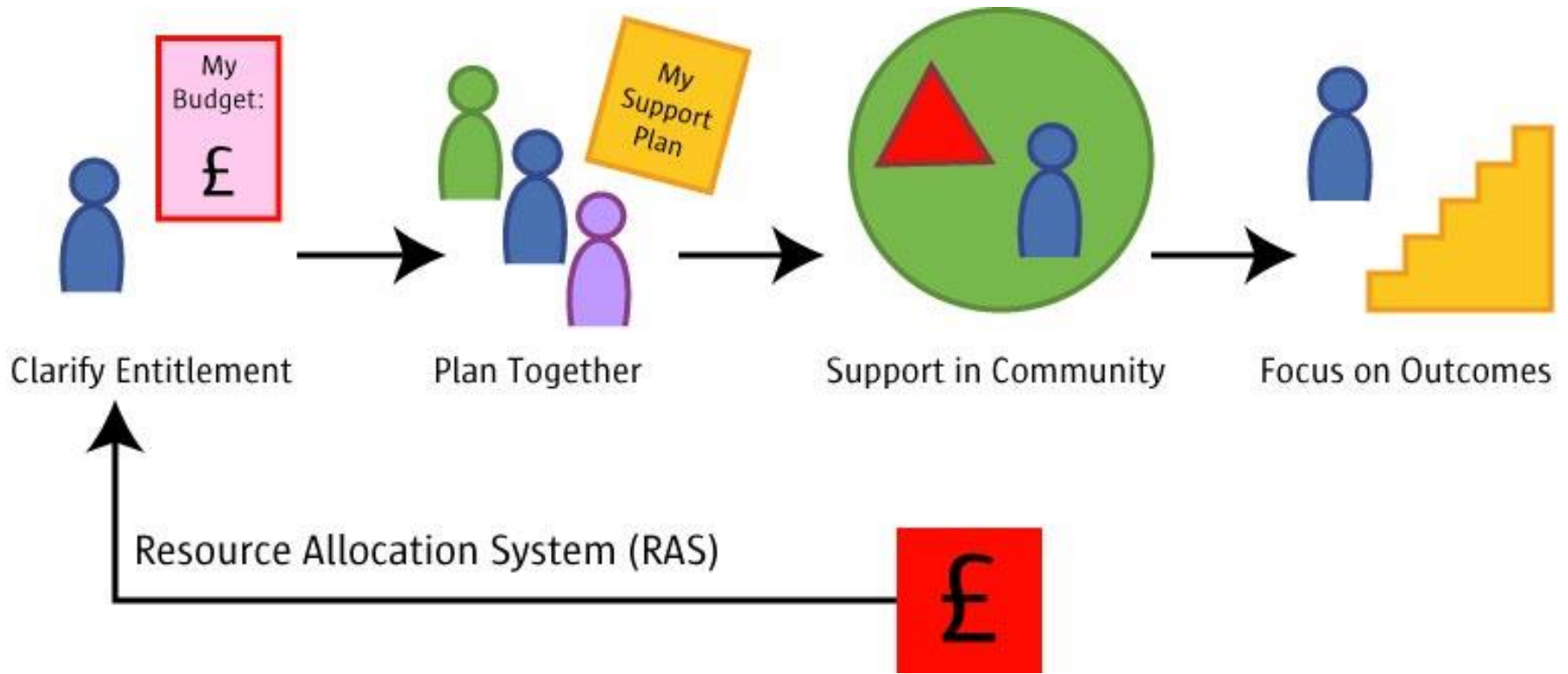
- An identified **up front** indication of the **resources** available at the start of the process
- A **support system** that facilitates choice, control and flexibility
- A **focus on outcomes** and a change in culture and shift of power

What works 2!

- Transparent allocation
- Maximum flexibility of spend
- Support to think and plan
- A focus on what matters



What works 3!



self-directed support