



Children and Young Peoples Self Directed Support Menu of Funded Projects

This Leaflet describes some of the work being carried out by some of the Self Directed Support (S.D.S) Projects Funded by Scottish Government. If you need help or advice with Self Directed Support one of the Services listed may be able to help you



What we do:
Supporting children to have the best possible start in life is at the heart of

everything we do. We think life is for living and are committed to outcome-focused and individually designed support packages so children can live the life they want to. Our outcomes framework represents the journey that our services take with the child, young person, parents, carers and families we work with.

How we can help:

- Providing a range of outcome focused support services and short breaks for children and families across Scotland
- Providing information and support to children and families about Self-Directed Support
- "Self-Directed Support A Guide for Children and Families" available in print or PDF (2014)
- "It's all about me" Self-Directed Support, a guide for a child available in print or PDF (2014)
- We think SDS pilots can be a great way of supporting children and families to try and experience Self-Directed Support in creative ways and welcome any discussion around how we can support and or/coproduce new opportunities.
- Sharing what we are learning as an organisation about change and transformation regarding Self-Directed Support.

Further information:

E - sds@aberlour.org.uk
W - www.aberlour.org.uk



Creating the connections

What we do:

Creating the Connections accompanies the Changing Support Changing Lives consortium, aiming to build the capacity of providers to deliver self-directed support. Our remit is to facilitate a discussion between health and social care to increase the delivery of joined up support. Within the landscape of the Public Bodies (Joint Working) (Scotland) Bill, Creating the Connections aims to influence the integration of self-directed support within an integrated system to pursue a person centred health and social care approach for all children and adults.

How we can help:

The ALLIANCE offers its members regular policy updates on policy issues which most affect people with long term conditions and provides professionals and people with lived experience with a forum to discuss the key issues impacting upon them. The ALLIANCE can offer specific tailored information and advice, facilitate events and discussions and be a conduit to Scottish Government on the major themes in the current landscape of self-directed support for children.

Further information:

<http://www.alliance-scotland.org.uk/whatwe-do/policy-and-campaigns/current-work/self-directed-support/>



Scottish Transitions Forum

What we do:

The Scottish transitions forum is a free umbrella cross sector membership forum (including health, education statutory and third sector organisations) that explores

the area of transitions between services (primarily leaving school into adult life and moving from children's to adult services). The focus is on how Personalised outcomes can be embedded into cross sector services to provide more positive outcomes for all those involved in the transitions process.

How we can help:

- We can help support the practice of those involved in transitions to encompass a SDS/ outcome multidisciplinary led approach.
- Providing evidence in the form of the Principles of Good Transitions Practice document to policy, legislative, government strategies and work forces to improve joined up outcome led work.
- To support SDS led initiatives that seek to tackle poor transition. This is done through member led forums around different topics and SDS throughout the year.

Further information:

www.scottishtransitions.org.uk

Believe in children



Barnardo's Scotland

What we do:

The main focus of the project is to support the transition from traditional planning and delivery of support services, to a model that

is responsive to the personalisation agenda and SDS funding options, whilst retaining a focus on safeguarding. The project aims to:

- Explore potential partnership, brokerage and agency models of hybrid (mixture) support packages.
- Develop a Barnardo's Scotland National Disability Strategy which accounts for personalisation and SDS.
- Build capacity regarding SDS and personalisation within Barnardo's Scotland, through managers, staff and volunteers.

How we can help:

- Provide information and support on the personalisation agenda, SDS and implementation requirements to families and local voluntary organisations.
- Provide information and support to local voluntary organisations and Barnardo's managers to design, pilot and review new personalised service developments.
- Provide support to local authorities in Edinburgh and the Lothian's, on the implementation and piloting of SDS

Main Contact

Isobel Denholm (Self-directed Support Development Manager) 07795635107 or via email Isobel.denholm@barnardos.org.uk

Children in Scotland
every child - every childhood

Self-directed Support: Access to independent advice and support for children, young people and families on Self-directed Support.

What we do:

Children in Scotland is the national agency for voluntary, statutory and professional organisations and individuals working with children and their families in Scotland. From 2013-15 we will be developing recommendations for the future delivery of independent advice and support on SDS.

How we can help:

We will be consulting and engaging with children, young people, families and professionals to shape these recommendations and undertaking awareness raising work with our membership.

Further Information

Please contact scollier@childreninscotland.org.uk if you would like to be involved in this work, receive further information and be added to our newsletter. www.childreninscotland.org.uk



Discoveries

Asking, Listening, Learning, Sharing

A consortium of ARK Housing Association, Edinburgh Development Group, Thistle Foundation, Kindred and The Action Group.

What we do:

- **ASK** people how they could have greater choice and control.
- **LISTEN** to individuals' hopes and dreams for their lives.
- **LEARN** how to best find out what people want and need **from Self-directed Support**.
- **SHARE** what we learn and our models of best practice.

How we can help:

Brokerage services, innovative person centred planning tools, peer support and information groups for parents, Advocacy services.

Further Information:

Contact Tel: 0131 475 2315

Email: Discoveries@actiongroup.org.uk

Sign up our newsletter: <http://eepurl.com/vdF0D>



What we do:

We explore how the provision of information and support might enable families of children with Additional Support Needs under the age of 8 to increase their opportunities for genuine

choice and control.

The project aims to work with up to 20 families of children with a variety of Additional Support Needs.



We aim to support families to think about, plan and be in control of preventative creative ways to meet current needs and work towards future outcomes.

The project aims to build local capacity to work with these families more effectively in the early years through a local Learning Together Network.

How we can help:

- Family Centred Planning;
- Information about personalised or family centred support;
- Information about SDS and local resources;
- Local Area Co-ordination service.

Contact us here:

www.whatsoneastrenfrewshire.co.uk/listings/east-renfrewshire-local-area-coordination-team/ www.sdsforumer.org

What we do:

Our project provides information on the 4 options of SDS, explains the options and gives practical guidance to children & families/ young adults pre & post transition



How we can help:

Through 1:1 meetings; group sessions; training and support planning to assist informed decision making

Further information:

Inclusion; 813 South Street; Glasgow G14 0BX; Contacts; Mags Park, Jaynie Mitchell 0141 950 4910

email: mpark@inclusion-glasgow.org.uk or jaynie@inspiringinclusion.com

Taking the first steps



What we do:

In Control Scotland is a national charity established to promote and support the development of a sustainable system of self-directed support that works for people. This includes developing approaches and practice that enable children, young people and families to be in control and direct their own support and services in the way that makes sense to them. We work cooperatively alongside local authorities, provider organisations, people who use social care services and their families.

How we can help:

- Initiate and support demonstration work with children, young people and families as a way testing out self-directed support. We have done this in a number of local authorities under the heading Taking the first Steps.

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- Provide training, experience and resources to develop the key components of self-directed support in area, including support planning and resource allocation
- Work with organisations to help them plan and be ready for successful implementation.
- Share learning and experience and create links between organisations.

Further information:

Website: www.in-controlscotland.org;

E-mail: info@in-controlscotland.org.uk



What we do:

Lothian Centre for Inclusive Living (LCiL) is a user led organisation which supports disabled people with long-term conditions, families and older people, to live independently in their communities.

We work across Edinburgh and the Lothians to develop and promote tailored support systems and best practice. We have over 21 years experience in social care, including the use of direct payments and using an outcomes approach.

How we can help:

- Providing SDS information at a national policy level and to the Lothian local authorities.
- Working with organisations to increase choice and flexibility for families.
- Facilitating consultation and participation of families into the SDS agenda
- Organising people with experience of using more flexible approaches to support and care, to share their knowledge and experience to other parents, organisations and groups.
- Sharing learning, developments and emerging issues.

Further information:

www.lothiancil.org.uk



Providers and Personalisation (P&P) (Hosted by CCPS)

What we do:

The CCPS programme covers both children's and adult's care and support providers. P&P outcomes are :

- Providers have a stronger voice in Self-Directed Support policy development and implementation. Providers have the systems, Skills and information needed to deliver more personalised services; this leads to increased choice and control for people receiving care and support.

How we can help:

P&P:

- Run regular policy and practice exchange events aimed at building the knowledge, skills and resources of providers on systems change, culture shift, and service redesign for SDS.
- Runs specific events aimed at children's support providers. P&P runs a Personalisation Leads network group.
- Represents the views of voluntary sector care and support providers on Scottish Government policy groups.
- Is working with Scottish Government to improve commissioning of support services for SDS including children's services

Further information:

<http://www.ccpscotland.org/providers-and-personalisation>



What we do?

Social Care Ideas Factory (SCIF) is a movement of people and ideas, made up of people who require additional support to live independently, along with health and social care organisations. SCIF connects people and their ideas to make sure the kind of supports and services on offer match

what people need and want.

At SCIF we understand how peoples' health and care expectations are changing

How we can help?

We have a couple of ideas that children and young people can get involved in:

Trend spotters Network is a 'community', made up of young people who require additional support with everyday life, involved in sharing their local examples and personal experiences of trends in health and social care supports. Together they share their views and ideas, ensuring the supports organisations offer match what people need.

The Art of Living Pop Up programme of events, which creates an opportunity for care providers to get first hand feedback on the range of support they currently offer and to test out ideas, direct to children and young people, for future services.

Further Information:

E: Charlie@socialcareideas.org.uk

W: www.socialcareideasfactory.com