

People who have a personal budget

Please tell us what you think

These questions are for anyone living in England who has a personal budget. This survey is being done by In Control and Lancaster University.

Your answers will help us find out how personal budgets and direct payments are working.

About this survey

These questions are only for people who have a personal budget. If you do not have a personal budget or direct payment, please do not answer these questions.

There are different questions if you support someone who has a personal budget.

You can ask someone independent like a friend or advocate to help you.

There are 24 questions to answer.

Keeping your personal information safe

We will not ask for your name or personal information. We will not give your council a copy of your individual answers. Other people will not be able to tell which are your answers in reports or other information about this survey.

Please read the agreement below and let us know if you are happy to answer the questions.

Agreement

I am happy to answer the questions and for my answers to be used in the way that has been explained.

YES

NO

1) Which Council provides your personal budget?

2) How long have you had a personal budget?

Less than a year Between 1 and 3 years More than 3 years

3) Did you get any support from social services before getting your personal budget?

Yes No

4) How do you manage your personal budget? (please tick all that apply)

- A direct payment from the council paid into my own bank account
- A direct payment that is looked after by a friend, relative, broker or other person
- An individual service fund where I tell my service provider how I want them to spend the money
- A managed personal budget where I tell the council how I want them to spend the money
- I do not have a personal budget
- I do not know

5) Have you been told how much your support costs each week?

Yes No

6) Please tell us to the nearest £ how much your support costs each week?

£

Planning your support

These are questions about the help you had to plan your support.

7) Did you have help to plan how to use your personal budget?

Yes No

8) Who helped you plan how to use your personal budget? (You can choose more than one if different people helped)

- | | | | |
|--------------------------|--------------------------|--|--------------------------|
| Family or Friends | <input type="checkbox"/> | Someone from the NHS (health service) | <input type="checkbox"/> |
| Someone from the council | <input type="checkbox"/> | Someone who does not work for the council or the NHS | <input type="checkbox"/> |

9) When your support plan was written, were your views and opinions fully included?

Yes, very much Yes, mostly A little
 No, not really No, not at all

10) Has your council made it easy for you to do these things?

Get the information, advice and support you need:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Assess or work out what your needs are:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Understand what you can and cannot spend your personal budget on:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Be in control of how the money in your personal budget is spent:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Plan and manage your support:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Get the support you want:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Change your support:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Choose from different services to find one that is right for you:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Tell people what you think or complain:

Very difficult Difficult Not easy or difficult
 Easy Very Easy

Changes in your life

These questions are about things that have changed in your life and the things you planned to do.

11) Has your personal budget changed these things at all?

Your physical health:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Your mental well-being?

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Being in control of the important things in your life:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Staying as independent as you want to be:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Being in control of your support:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Getting the support you need when you want it:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Being supported with dignity by people who respect you and treat you well:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

12) Has your personal budget changed these things at all?

Feeling safe at home and when you go out:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Choosing where you live or who you live with:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Getting and keeping a paid job:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Doing things like volunteering that help your local community:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Your relationships with your family:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Your relationships with your friends:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Your relationships with people paid to support you:

Made things a lot worse Made things worse Not made any difference
 Made things better Made things a lot better

Things you want to do in life

These questions are about things you want to do in your life.

They might be about you're:

- Home
- Work
- Family
- Social Life
- Health
- Anything else that is important to you

Please do not tell us any names or anyone's personal information. You can miss this question out if you do not want to answer.

13) What are the 3 most important things you want to do?

The 1st thing:

The 2nd thing:

The 3rd thing:

14) Have you been able to do any of these 3 things yet?

The 1st thing:

Yes I have done all of this Yes I have done some of this No I have not done this yet

The 2nd thing:

Yes I have done all of this Yes I have done some of this No I have not done this yet

The 3rd thing:

Yes I have done all of this Yes I have done some of this No I have not done this yet

15) How did you answer these questions?

On my Own In a meeting, interview or visit With help from someone else

Someone else answered most of the questions

16) If you want to say anything else about having a personal budget please write it here:

Equalities Monitoring

The next questions are to help us see if personal budgets are working for different groups of people.

You can skip any of the questions you do not want to answer. We do not need your name and will keep your information safe.

17) Are you:

A Man

A Woman

18) How old are you?

16 to 24 years old

25 to 34 years old

35 to 44 years old

45 to 54 years old

55 to 64 years old

Older than 65 years old

A law called the Disability Discrimination Act says that you are disabled if:

- It is very hard for you to do normal everyday things

- You have found these things hard for at least 1 year

19) Do you have a disability that affects you like this?

Yes No

20) Please tell us about any disabilities you have.

If your disability is not in this list please choose 'other':

Physical disability Sensory impairment Mental health condition

Learning disability Long standing illness or health condition

Other (tell us if you want to):

21) Are you?

White	Any White background	<input type="checkbox"/>			
Mixed	White and Black Caribbean	<input type="checkbox"/>	White and Black African	<input type="checkbox"/>	White and Asian <input type="checkbox"/>
	Indian <input type="checkbox"/>		Pakistani <input type="checkbox"/>		Bangladeshi <input type="checkbox"/>
Asian or Asian British	Any other Asian background		<input type="checkbox"/>		
	Black or Black British	Caribbean <input type="checkbox"/>	African <input type="checkbox"/>		Any other Black Background <input type="checkbox"/>
Chinese or other ethnic group	Chinese <input type="checkbox"/>		Other <input type="checkbox"/>		
	Do not want to say			<input type="checkbox"/>	

22) What is your religion?

No religion Christian Buddhist
 Hindu Jewish Muslim
 Sikh Any other religion Do not want to say

23) Are you:

- Heterosexual/Straight Gay or Lesbian Bisexual
Other Do not want to say

24) Please tell us what you thought about answering these questions about personal budgets:

Thank you for telling us what personal budgets have been like for you.